

FY 2024 Navy Fitness Courses

Command Fitness Leader Course:

23-27 October 2023

22-26 April 2024

24-28 June 2024

5-9 August 2024

Open to all Active Duty Personnel.

Registration Deadline noted on FY24 CFL Schedule

Applicants must meet pre-course requirements and be nominated through their Chain of Command. For more information and to register, visit

www.navyfitness.org/fitness/cfl-information/cfl-course-application-and-registration

Mission Nutrition:

5-6 March 2024

9-10 July 2024

Open to all NAVSTA Great Lakes Personnel

Register at Bldg. 2A Fitness Center

COURSE REGISTRATION DEADLINE IS (10) DAYS PRIOR TO SCHEDULED COURSE START DATE.
ALL COURSES ARE LIMITED TO 20 PARTICIPANTS