



SEPTEMBER 2026 Training Calendar

NAVAL STATION GREAT LAKES
525 FARRAGUT AVENUE BLDG. 26
HOURS OF OPERATION: MON-FRI, 0730-1600
CALL: (847) 688-3603 X 100
CLASSES ARE FREE – REGISTRATION REQUIRED



SCAN HERE FOR
CNIC, LMS CLASSES

WARRIOR AND FAMILY RESILIENCE

CLASS:	DATE:	TIME:	LOCATION:
Better Reactions, Better Outcomes	Mon, Sep 7	1900-2000	CNIC, LMS
The Power of Connection: Building Support Systems	Thurs, Sep 17	1200-1300	CNIC, LMS
Mindfulness During Stressful Times	Thurs, Sep 24	1200-1300	CNIC, LMS
Stress Management	Tue, Sep 29	0900-1000	CNIC, LMS

NAVY LIFE

CLASS:	DATE:	TIME:	LOCATION:
Married in The Military	Mon, Sep 14, 28	1130-1230	FFSC Bldg. 26
New Spouse Orientation	Thurs, Sep 17, 24	1430-1530	FFSC Bldg. 26

EXCEPTIONAL FAMILY MEMBER PROGRAM

CLASS:	DATE:	TIME:	LOCATION:
The Road Ahead: Special Needs Future Planning	Thurs, Sep 3	1000-1100	CNIC, LMS
Moving with EFM	Wed, Sep 9	1500-1600	FFSC Bldg. 26
What is EFMP?	Wed, Sep 16	1500-1600	FFSC Bldg. 26

PARENT SUPPORT PROGRAM

CLASS:	DATE:	TIME:	LOCATION:
Playgroup	Every Monday	1015-1130	MWR Library (kid area)
Digital Safety for Military Kids	Wed, Sep 9	0900-1000	CNIC, LMS
Birth & Adoption of a Child Financial Workshop	Thurs, Sep 24	1200-1300	CNIC, LMS

RELOCATION / DEPLOYMENT SUPPORT

CLASS:	DATE:	TIME:	LOCATION:
Keeping it Together During Deployment	Tue, Sep 1	1200-1300	CNIC, LMS
Operation: Family Move	Thurs, Sep 10	1000-1100	CNIC, LMS
Homefront Ready: Family Care Planning	Tue, Sep 29	0700-0800	CNIC, LMS



EMERGENCY PREPAREDNESS

CLASS:	DATE:	TIME:	LOCATION:
Be Ready, Be Confident: Emergency Preparedness	Wed, Sep 23	1000-1100	CNIC, LMS

CAREER / EMPLOYMENT ASSISTANCE

CLASS:	DATE:	TIME:	LOCATION:
Job Search Hacks	Tue, Sep 8	1200-1300	CNIC, LMS
FERP Virtual Open Office Hour	Mon, Sep 21	1000-1100	FFSC Bldg. 26
Transferable Skills: Your Key to Career Mobility	Fri, Sep 25	1500-1600	CNIC, LMS

PERSONAL FINANCIAL MANAGEMENT

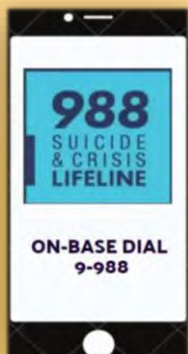
CLASS:	DATE:	TIME:	LOCATION:
Financial Preparation for Disasters	Thurs, Sep 3	1200-1300	CNIC, LMS
Disaster-Proof Your Wallet	Wed, Sep 16	0600-0700	CNIC, LMS
Planning Your Financial Future	Wed, Sep 23	1800-1900	CNIC, LMS

TRANSITION ASSISTANCE PROGRAM

CLASS:	DATE:	TIME:	LOCATION:
TAP Pre-Separation Brief	Thurs, Sep 10	0800-1000	TAP Bldg. 617
TAP 3 Day Core	Mon-Wed, Sep 14-16 Mon-Wed, Sep 21-23	0800-1600	TAP Bldg. 617
DOL Employment Workshop	Thurs-Fri, Sep 17-18 Thurs-Fri, Sep 24-25	0800-1600	TAP Bldg. 617
Military to Civilian Transition Seminar	Mon, Sep 28	0800-1400	TAP Bldg. 617
Boots to Business	Tues-Wed, Sep 29-30	0800-1400	TAP Bldg. 617
TAP Open Forum	1st Thursday of the Month	1100-1200	MS Teams

Themes and Observances for the month of September: Preparedness Month, National Suicide Prevention Month, Patriot Day, Labor Day, Navy Family Ombudsman Program Appreciation, Gold Star Family Appreciation, U.S. Airforce Appreciation!

For Classes through CNIC LMS, Please visit: MyNavyFamily.csodfed.com



How are we doing?
Please give us your feedback
online at the Interactive
Customer Evaluation
(ICE)



DOMESTIC VIOLENCE: 1-800-799-7233
CHILD ABUSE HOTLINE: 1-800-25ABUSE (22873)
SAPR Hotline: (847) 489-8196

SERVICES AVAILABLE AT FFSC, Bldg. 26

- ❖ Financial Counseling
- ❖ Career Planning and Resume Writing, Review & Support
- ❖ Educational Assistance and volunteer opportunities
- ❖ Victim Advocacy for sexual assault, domestic violence, and child abuse victims
- ❖ Deployment support and planning
- ❖ Individual, Couple, Family and Child counseling
- ❖ Home visitations, education, and support for parents
- ❖ Exceptional Family Member Support (resources for adults and children with special needs)
- ❖ Relocation Planning (CONUS & OCONUS)
- ❖ Information and Referral (links to local resources)
- ❖ Emergency Preparedness Planning
- ❖ Resource room with computers available