

RUN TO REMEMBER

5K RUN | 1.5 MILE WALK

THURSDAY, MAY 14 ★ GYM 4

START TIME: 10:30AM ★ FREE! ★ OPEN TO ALL HANDS

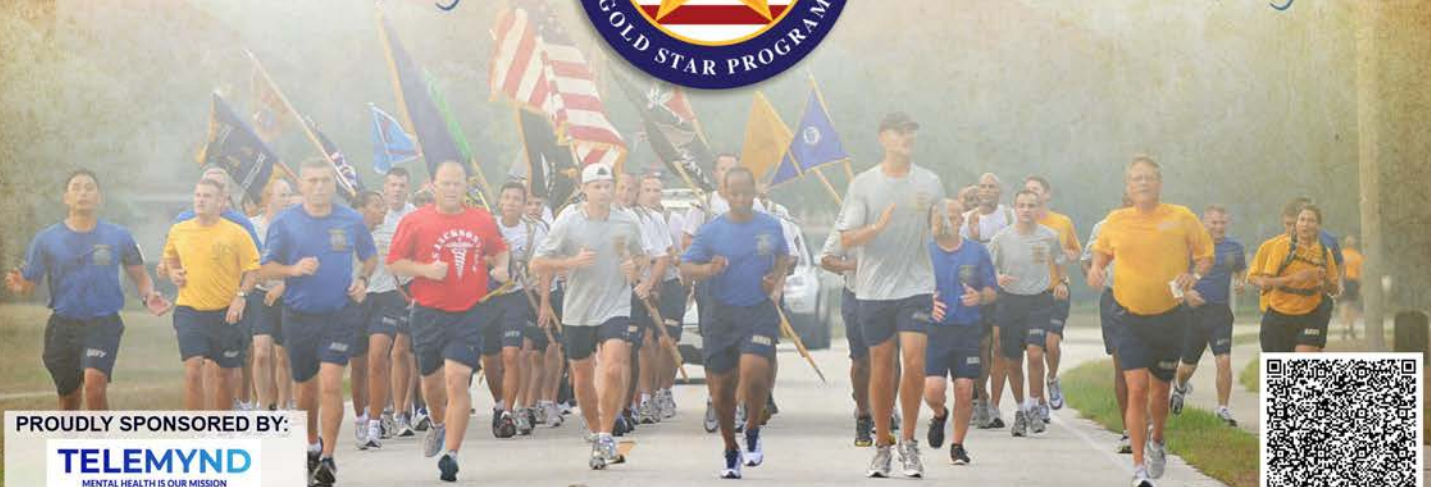
Join MWR Fitness and the Navy Gold Star Program for Our 5K RUN TO REMEMBER Event. Participants Will Have the Opportunity to Dedicate Their Run to a Fallen Military Hero.



we will never forget



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MENTAL HEALTH IS OUR MISSION

No Navy endorsement implied.

Online Registration is Required for ALL Participants: myffr.navyaims.com



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