



APRIL 2026 Training Calendar

NAVAL STATION GREAT LAKES
 525 FARRAGUT AVENUE BLDG. 26
 HOURS OF OPERATION: MON-FRI, 0730-1600
 CALL: (847) 688-3603 X 100
 CLASSES ARE FREE – REGISTRATION REQUIRED



CNIC, LMS CLASSES

FFSC EVENTS

EVENTS:	DATE:	TIME:	LOCATION:
Month of the Military Child Family Fun Night	Fri, Apr 10	1730-1900	Bldg. 8190
SAPR: Dash of Color Run	Wed, Apr 15	1430-1600	Ross Theater
NEX: Kids Safety Fair	Sat, Apr 25	1100-1400	NEX
Resource Fair: Spring Fest Sensory Movie	Sat, Apr 25	1530-1800	Epicenter

LIFE SKILLS

CLASS:	DATE:	TIME:	LOCATION:
MBMF Module 1: Stress Resilience	Tues, Apr 14	0800-1000	CNIC, LMS
MBMF Module 2: Mindfulness and Meditation	Wed, Apr 15	0800-1000	CNIC, LMS
MBMF Module 3: Living Core Values	Thurs, Apr 16	0800-1000	CNIC, LMS
MBMF Module 4: Flexibility	Tues, Apr 22	0800-1000	CNIC, LMS

EXCEPTIONAL FAMILY MEMBER PROGRAM

CLASS:	DATE:	TIME:	LOCATION:
Moving with EFMP	Wed, Apr 8	1500-1600	FFSC Bldg. 26
What is EFMP	Wed, Apr 15	1500-1600	FFSC Bldg. 26
504: BLUF-The Bottom Line Up Front About the 504 Plans	Mon, Apr 20	1200-1330	CNIC, LMS

PARENT SUPPORT PROGRAM

CLASS:	DATE:	TIME:	LOCATION:
Playgroup	Every Tuesday	1000-1100	2630 Ohio Ave
Terrific Toddlers	Wed, Apr 15	1100-1200	CNIC, LMS
Self-Care: Parent Edition	Wed, Apr 29	1300-1400	CNIC, LMS

CAREER / EMPLOYMENT ASSISTANCE

CLASS:	DATE:	TIME:	LOCATION:
Pain Free – Resume Writing	Tues, Apr 14	1200-1330	CNIC, LMS
Career Assessment and Exploration	Wed, Apr 22	1400-1500	FFSC Bldg. 26
Conquering Civilian Interviews	Thurs, Apr 23	1100-1200	CNIC, LMS

RELOCATION / DEPLOYMENT SUPPORT

CLASS:	DATE:	TIME:	LOCATION:
Plan. Prepare. Deploy	Fri, Apr 3	1500-1600	CNIC, LMS
Sponsorship Training	Wed, Apr 8	1400-1500	FFSC Bldg. 26
Married in the Military	Wed, Apr 15	1400-1500	FFSC Bldg. 26
Homefront Ready: Family Care Planning	Fri, Apr 17	0700-0800	CNIC, LMS

PERSONAL FINANCIAL MANAGEMENT

CLASS:	DATE:	TIME:	LOCATION:
Disaster-Proof Your Waller	Wed, Apr 8	1600-1700	CNIC, LMS
Savings and Investing	Tues, Apr 14	1300-1400	Ross, Theatre
Thrift Savings Plan: Choosing the Right Path	Wed, Apr 22	0600-0700	CNIC, LMS

TRANSITION ASSISTANCE PROGRAM

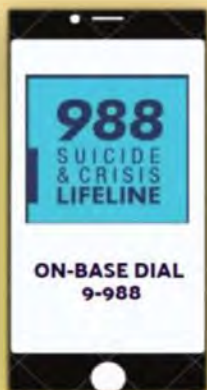
CLASS:	DATE:	TIME:	LOCATION:
TAP Pre-Separation Brief	Thurs, Apr 9	0800-1000	TAP Bldg.617
TAP 3 Day Core	Mon-Wed, Apr 13-15 Mon-Wed, Apr 20-22	0800-1600	TAP Bldg.617
DOL Employment Workshop	Thurs-Fri, Apr 16-17 Thurs-Fri, Apr 23-24	0800-1600	TAP Bldg.617
Military to Civilian Transition Seminar	Mon, Apr 27	0800-1400	TAP Bldg.617
Career & Credential Exploration Track	Tue-Wed, Apr 28-29	0800-1400	TAP Bldg.617
TAP Open Forum	1st Thursday of the Month	1100-1200	MS Teams

For Classes through CNIC LMS,
Please visit
MyNavyFamily.com



SERVICES AVAILABLE AT FFSC, Bldg. 26

- ❖ Financial Counseling
- ❖ Career Planning and Resume Writing, Review & Support
- ❖ Educational Assistance and volunteer opportunities
- ❖ Victim Advocacy for sexual assault, domestic violence, and child abuse victims
- ❖ Deployment support and planning
- ❖ Individual, Couple, Family and Child counseling
- ❖ Home visitations, education, and support for parents
- ❖ Exceptional Family Member Support (resources for adults and children with special needs)
- ❖ Relocation Planning (CONUS & OCONUS)
- ❖ Information and Referral (links to local resources)
- ❖ Emergency Preparedness Planning
- ❖ Resource room with computers available



How are we doing?
Please give us your feedback
online at the Interactive
Customer Evaluation (ICE)

**Themes and Observances for the
month of April: Month of the Military
Child, Sexual Assault Awareness,
Child Abuse Prevention, World
Autism Awareness Day!**

DOMESTIC VIOLENCE: 1-800-799-7233
CHILD ABUSE HOTLINE: 1-800-25ABUSE (22873)
SAPR Hotline: (847) 489-8196