



APRIL 2026 Training Calendar

NAVAL STATION GREAT LAKES
 525 FARRAGUT AVENUE BLDG. 26
 HOURS OF OPERATION: MON-FRI, 0730-1600
 CALL: (847) 688-3603 X 100
 CLASSES ARE FREE – REGISTRATION REQUIRED



SCAN ME

CNIC, LMS CLASSES

FFSC EVENTS

EVENTS:	DATE:	TIME:	LOCATION:
Month of the Military Child Family Fun Night	Fri, Apr 10	1730-1900	Bldg. 8190
SAPR: Dash of Color Run	Wed, Apr 15	1630-1800	Ross Theater
NEX: Kids Safety Fair	Sat, Apr 25	1100-1400	NEX
Resource Fair: Spring Fest Sensory Movie	Sat, Apr 25	1530-1800	Epicenter

LIFE SKILLS

CLASS:	DATE:	TIME:	LOCATION:
MBMF Module 1: Stress Resilience	Tues, Apr 14	0800-1000	CNIC, LMS
MBMF Module 2: Mindfulness and Meditation	Wed, Apr 15	0800-1000	CNIC, LMS
MBMF Module 3: Living Core Values	Thurs, Apr 16	0800-1000	CNIC, LMS
MBMF Module 4: Flexibility	Tues, Apr 22	0800-1000	CNIC, LMS

EXCEPTIONAL FAMILY MEMBER PROGRAM

CLASS:	DATE:	TIME:	LOCATION:
Moving with EFMP	Wed, Apr 8	1500-1600	FFSC Bldg. 26
What is EFMP	Wed, Apr 15	1500-1600	FFSC Bldg. 26
504: BLUF-The Bottom Line Up Front About the 504 Plans	Mon, Apr 20	1200-1330	CNIC, LMS

PARENT SUPPORT PROGRAM

CLASS:	DATE:	TIME:	LOCATION:
Playgroup	Every Tuesday	1000-1100	2630 Ohio Ave
Terrific Toddlers	Wed, Apr 15	1100-1200	CNIC, LMS
Self-Care: Parent Edition	Wed, Apr 29	1300-1400	CNIC, LMS

CAREER / EMPLOYMENT ASSISTANCE

CLASS:	DATE:	TIME:	LOCATION:
Pain Free – Resume Writing	Tues, Apr 14	1200-1330	CNIC, LMS
Career Assessment and Exploration	Wed, Apr 22	1400-1500	FFSC Bldg. 26
Conquering Civilian Interviews	Thurs, Apr 23	1100-1200	CNIC, LMS

RELOCATION / DEPLOYMENT SUPPORT

CLASS:	DATE:	TIME:	LOCATION:
Plan. Prepare. Deploy	Fri, Apr 3	1500-1600	CNIC, LMS
Sponsorship Training	Wed, Apr 8	1400-1500	FFSC Bldg. 26
Married in the Military	Wed, Apr 15	1400-1500	FFSC Bldg. 26
Homefront Ready: Family Care Planning	Fri, Apr 17	0700-0800	CNIC, LMS

PERSONAL FINANCIAL MANAGEMENT

CLASS:	DATE:	TIME:	LOCATION:
Disaster-Proof Your Waller	Wed, Apr 8	1600-1700	CNIC, LMS
Savings and Investing	Tues, Apr 14	1300-1400	Ross, Theatre
Thrift Savings Plan: Choosing the Right Path	Wed, Apr 22	0600-0700	CNIC, LMS

TRANSITION ASSISTANCE PROGRAM

CLASS:	DATE:	TIME:	LOCATION:
TAP Pre-Separation Brief	Thurs, Apr 9	0800-1000	TAP Bldg.617
TAP 3 Day Core	Mon-Wed, Apr 13-15 Mon-Wed, Apr 20-22	0800-1600	TAP Bldg.617
DOL Employment Workshop	Thurs-Fri, Apr 16-17 Thurs-Fri, Apr 23-24	0800-1600	TAP Bldg.617
Military to Civilian Transition Seminar	Mon, Apr 27	0800-1400	TAP Bldg.617
Career & Credential Exploration Track	Tue-Wed, Apr 28-29	0800-1400	TAP Bldg.617
TAP Open Forum	1st Thursday of the Month	1100-1200	MS Teams

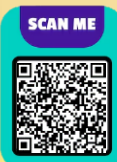
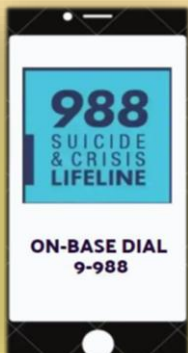
For Classes through CNIC LMS,
Please visit
MyNavyFamily.com



SCAN ME

SERVICES AVAILABLE AT FFSC, Bldg. 26

- ❖ Financial Counseling
- ❖ Career Planning and Resume Writing, Review & Support
- ❖ Educational Assistance and volunteer opportunities
- ❖ Victim Advocacy for sexual assault, domestic violence, and child abuse victims
- ❖ Deployment support and planning
- ❖ Individual, Couple, Family and Child counseling
- ❖ Home visitations, education, and support for parents
- ❖ Exceptional Family Member Support (resources for adults and children with special needs)
- ❖ Relocation Planning (CONUS & OCONUS)
- ❖ Information and Referral (links to local resources)
- ❖ Emergency Preparedness Planning
- ❖ Resource room with computers available



SCAN ME

How are we doing?
Please give us your feedback
online at the Interactive
Customer Evaluation (ICE)

Themes and Observances for the month of April: Month of the Military Child, Sexual Assault Awareness, Child Abuse Prevention, World Autism Awareness Day!

DOMESTIC VIOLENCE: 1-800-799-7233
CHILD ABUSE HOTLINE: 1-800-25ABUSE (22873)
SAPR Hotline: (847) 489-8196